



RJS FIRST GRADE COLLEGE

Koramangala, Bengaluru-560034

CRITERION - 5

Question Number 5.1.3

Capacity building and skills enhancement initiatives taken by the institution include the following

- 1. Soft Skills**
- 2. Language and communication skills**
- 3. Life Skills (Yoga, physical fitness, health and hygiene)**
- 4. ITC/computing skills**

Capacity Building and Skills Enhancement Program

Students have been provided with various programs like Soft Skills, Language and communication skills, Life Skills (Yoga, physical fitness, health and hygiene) and ITC/computing skills.

Soft skills include attributes and personality traits that help students to interact with others and succeed in the workplace.

Soft skills various seminars, workshops, Expert talk by industry persons have been carried over. More than 1000 students participated and gained knowledge in various sectors.

Language and communication skills provided them platform to improve their skills.

Life skills focussed on environmental structure. Students were motivated through Red-Cross, NSS Camps, Eye Donation and many more. Students became a part of the society.

ICT Computing skills gave the way to the students to represent them in the IT industry. Various value added courses were conducted on the emerging technologies.

Capacity Building and Skills Enhancement Program

Soft Skills

Soft skills involve how student interact with people. Essential soft skills program include a variety of social skills, including communication skills, emotional intelligence, and conflict resolution. As a part of Academic activity, RJS FG College organizes Various Soft skill Programme for the benefit of the students. Students were able to find out the difference between their aim and goals. Various seminars, workshops, Expert class were conducted to enrich their knowledge both in Academic and in industry. Institution organized various speakers to enrich the students with presentations and videos on Personality Skills. Various training programs had been conducted to motivate them.



Language and communication skills

A language is meant for communication. Speech consists of language and thought, whereas language chokes the very thoughts. Absolute command of language is the remarkable feature that shows the lofty and grand style of speaker as a sonorous in quality.

Institution takes the honour of bringing the measures taken and how it ensured students to avail opportunity of exposure to the public by giving the tasks of live projects and social responsibility activities.

Institution conducted various language and communication Enrichment programs like Up gradation of Human Values through Literature. Various innovative industry speakers were given training for students on Goal Setting, Self awareness, Stress management, Time management, Creativity and Inter personal skills, Leadership development. Through these programs students were able build themselves in social media and communication.



Life Skills (Yoga, physical fitness, health and hygiene)

This is program which offers simple but powerful set of practices that activates mind and strength. Institution organized Swacch KRJS abhiyan as a part of Swacch Bharath Mission. Institution organised oath taking day and arranged programmes to spread awareness among children about Indian Red Cross Society. Institution has an Eco Club which organised various activities like World Water Day, World Environment Day and Population Day.

As a Part of Yoga to build empowerment within students the trainers from isha yoga foundation conducted an upayoga session at our campus. Workshop on Dare Defence Against Eve Teasing was conducted mainly for girl students.

Seed ball Abhiyan was done by our students along with Samartha Bharatha and Uttishta Bharatha. Some seed balls were also tossed in some areas of bengaluru like marasuru, kasavanhalli.





ITC/computing skills

The ability to use computer operating systems, to access software programmes and manages the basic functions of a computer. Being able to confidently use core computer programmes to produce common digital information such as Word documents and PowerPoint presentations. Institution paves way for the conduction of various ITC/computing programmes. This gives an enhancement to the students and makes them capable to stand in the industrial market. To accomplish this institution conducted various ICT/computing programmes for all the students. We arranged industrial trainers to teach Android Applications, Advanced Java, Web designing and many more. An expert class was handled by professors from other institutions to materialize the students in the competitive world.

